

ORCHESIS

 A DANCE GROUP

Hello! Welcome to Orchesis! We are all very excited that you've joined our group, and want to welcome you to this dance community, as well as the big and exciting NEW YORK dance community. Below are a few tips on great ways to get involved, see free or cheap performances, and discover more dance - all things we on the Orchesis board wished we had known when we first moved here!

Opportunities for affordable tickets:

- **Judson Church:** Line up at this east village church on Monday evenings for free showings of 3-4 experimental pieces. This is a great neighborhood to grab dinner and eat it in the park beforehand!
- **Fall for Dance Festival:** One \$15 ticket during this festival (held at New York City Center on 55th St) means you get to see 4 amazing professional works in one evening. The festival runs for two weeks in October, with tickets going on sale (and selling out fast!) in early September.
- **JoycePass:** The Joyce Theater offers members of the dance community and students a pass for \$10 tickets to their performances. You can register at: <https://joyce.org/joycepass>
- **30 for 30:** The New York City Ballet offers \$30 tickets to anyone under the age of 30. Shows that have 30 for 30 tickets available are posted here every Monday: <https://www.nycballet.com/Season-Tickets/30-for-30.aspx> and you pick them up at the box office the day of the performance.

Places to take dance classes in the city :

- **Broadway Dance Center:** <https://www.broadwaydancecenter.com/>
- **Gibney Dance:** <https://gibneydance.org/>
- **Peridance:** <http://www.peridance.com/>
- **Liberated Movement:** <http://liberatedmovement.com/>
- **Mark Morris Dance Center:** <https://markmorrisdancegroup.org/dance-center>
- **The Ailey School:** <https://www.theaileyschool.edu/programs/open-classes>
- **Steps on Broadway:** <https://www.stepsnyc.com/>
- **ClassPass:** Use the free trial! Classpass is a monthly subscription service that allows you to book tons of classes for pretty cheap! Lots of dance classes (more exercise focused) but are available all over the city. Also they have a free trial :) <https://classpass.com/>
- **Yoga to the People:** <https://yogatothepeople.com/> Donation-based hour-long yoga classes! Pay however much you want (so free if you want it to be). Mats are available at the studio to rent for \$3. Studio is on 103 and Broadway above CityMD on the third floor.